**Characteristics of an Engaging Classroom**

1. Talking
   1. Sends oxygen to the brain
   2. Helps memory by 90%
      1. Hear 3 times to remember
2. Thinking Positively
   1. Builds confidence
   2. Threats (high stress, anger, fear) shuts down proper brain function
3. Moving/Movement
   1. 20 minutes is the longest attention span of adults
      1. Attention span=age
   2. Puts information in long term memory
   3. Procedural memory is very strong
      1. Examples:
         1. Typing
         2. Riding a bike
         3. Driving
         4. With history:
            1. Role play to re-create events
            2. Timelines to connect events
         5. With math:
            1. “The Hustle” to show number line movement
            2. Arms to show lines, angles, parallels, etc.
4. Creating Connections
   1. 20 strategies
      1. Variety of methods for all learners
5. Having a Purpose
   1. Stay active
   2. Make content relevant
      1. Read EOG/EOC questions before passage if timed test